

STOP TRYING TO BE FANTASTIC

MOLLY NAYLOR

☆☆☆☆☆ **THREE WEEKS**

☆☆☆☆☆ **THE SCOTSMAN**

☆☆☆☆☆ **METRO**

☆☆☆☆☆ **INDEPENDENT**

☆☆☆☆☆ **THE TIMES**

☆☆☆☆☆ **THE LIST**



**INN
CROWD**

Norwich
Arts
Centre.



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

Produced in association with INN CROWD. Co-commissioned by Norwich Arts Centre.

*'Naylor writes with a poet's ear for rhythm and timing,
and delivers with a stand-up's comic timing' – Irish Times*

One day, a magpie comes into a little girl's house by mistake. It decides it likes her. She spends the next twenty-five years trying to get away from it.

Stop Trying to be Fantastic is a story about suffering, saviour-complex, self-acceptance, and a magpie who refuses to quit.

From award-winning writer/performer Molly Naylor (*Whenever I Get Blown Up I Think Of You*, *Sky One's After Hours*) comes this lyrical and funny spoken-word show that explores what we owe to each other and what we owe to ourselves.

It's an anti self-help show... that might actually help.

Produced in association with Inn Crowd
Co-commissioned by Norwich Arts Centre
Supported with funding from Arts Council England

Sound/lighting design and direction: Tom Clutterbuck
Set/costume: Betty Atkins

'Brave, funny, tough and beautiful writing' - the Guardian



Technical specification

Minimum playing space: 3 metres by 2 metres. End-on, raked is ideal... but adaptable.

Sound

1x Wired onstage microphone for speech

1x Round based upright mic stand (or tripod if not in stock) - no boom arm

Audio playback from Macbook pro running QLab

3.5mm stereo jack to sound desk

Lighting

Mix of warm and cold wash, split into three stage sections horizontally, two vertically

L103 and L202 respectively preferred

Variety of backlight colours. Deep blue, steel blue, cyan, lavender, orange, yellow

Either colour-change LED pars, or conventional fixtures with gels

6-8x Source4 Profile specials

Mostly on advance bars / FOH positions, but some over stage also

Beam diameter approx 2 meters on stage before shutters engaged

Low angle boom position, for lighting from downstage right

Offstage boom positions in SL and SR wing, fully masked if possible

Set

Wooden A-frame ladder - toured by company

1x Wooden table - toured by company

1x Wooden chair - toured by company

Fees and show details:

Show cost: £600 (including technician)

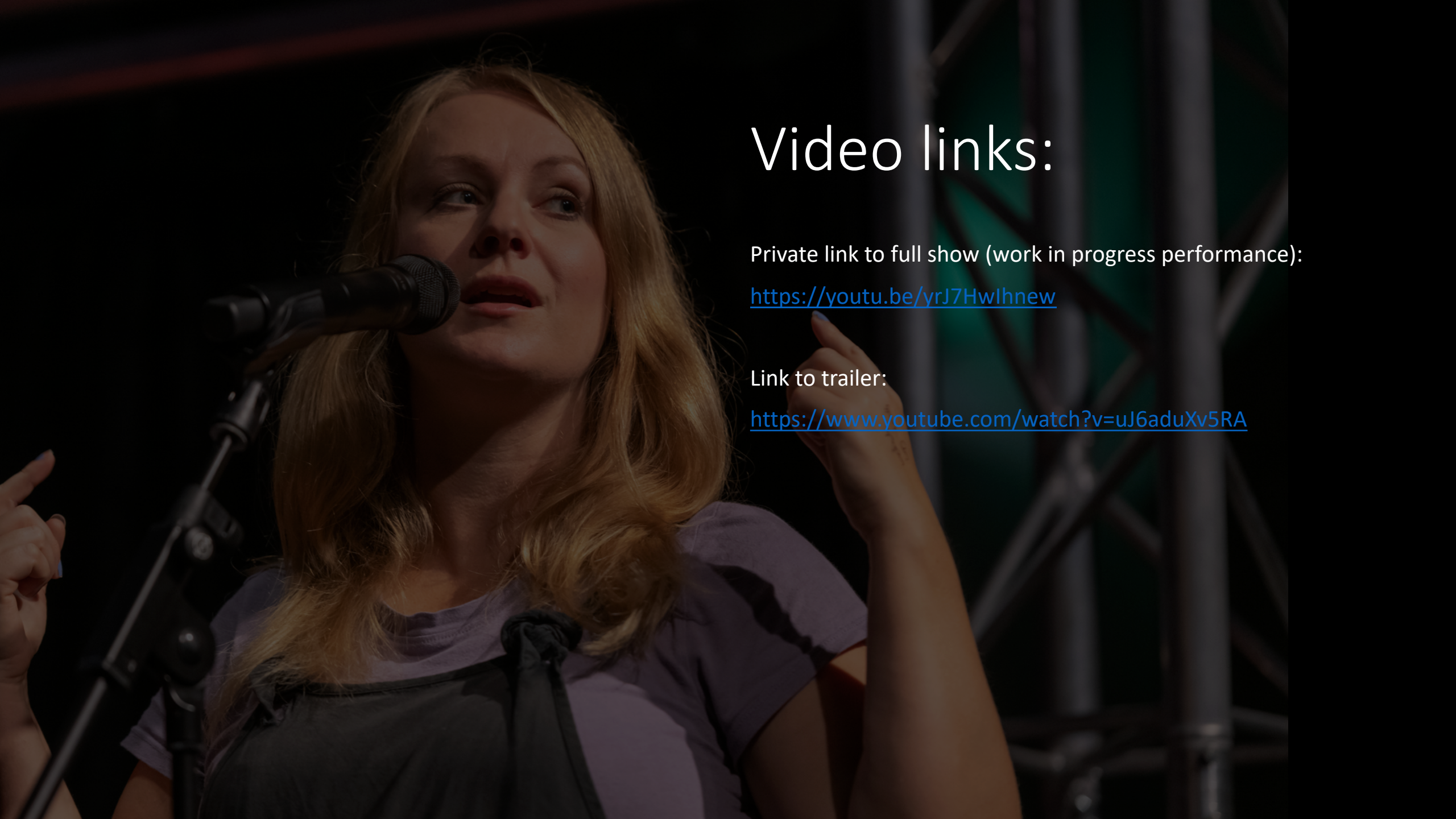
Get-in: 4 hours

Get-out: 30 minutes

Show length: 1 hour (no interval)

Age suitability: 13+ (some strong language and adult themes)



A woman with long, wavy blonde hair is singing into a black microphone. She is wearing a light purple t-shirt under a dark grey vest. Her eyes are closed and her mouth is open in a singing posture. The background is dark with some stage equipment visible.

Video links:

Private link to full show (work in progress performance):

<https://youtu.be/yrJ7HwIhnew>

Link to trailer:

<https://www.youtube.com/watch?v=uJ6aduXv5RA>

Accompanying workshop

Molly is an experienced workshop facilitator and can offer an accompanying workshop on the following subjects:

- Spoken word
- Autobiographical writing and performing

Age: 14+

Maximum participants: 20

Rates

Half day workshop (up to 3 hours): £250

Full day workshop (up to 6 hours): £400

Performer biography



Molly Naylor is an award-winning performer, scriptwriter, poet and director. Her stories and plays have been broadcast on BBC Radio 4 and she has performed at festivals and events all over the world. She has published two poetry collections and her third will be published by Bad Betty in spring 2022. She is the co-creator and writer of Sky One comedy *After Hours*. She wrote and performed the acclaimed solo spoken-word shows *Whenever I Get Blown Up I Think Of You* and *My Robot Heart*. Her 2018 play *Lights, Planets, People* won a Norfolk Arts Award for theatre. Her first graphic novel was published in September 2021 by Avery Hill.

'Naylor writes with a poet's ear for rhythm and delivers with a stand-up's comic timing' -Irish Times

'Brave, funny, tough and beautiful writing' - The Guardian

To discuss
booking the
show...

To book:

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